



**Health & Beauty Salon
Established 1994
Rebecca Curbishley
Qualified Beauty Therapist
BTEC, Nat. Dip. B.T. IHHT (BABTAC)**

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Hands

“Women who desire lovely hands should give the same attention to their face.” The condition of a woman’s hand is as important as her face, her hair and her clothes. They are an essential element of her total look as they are always on view and often used to emphasise speech.

Jessica Treatment Manicure

Analysis of nails, Nails fixed, Phenomen oil applied, Nourishing cuticle cream nails and cuticles soaked in hand & body soak. Using Jessica nail care machine, the nails are cared for. More oil and a rich hand cream for luxurious hand and arm massage. Treatment base coat, colour of your choice and two coats of top coat to finish.

£15

With French Polish

£16

Le-Remedi by Jessica

Intensive facial for the hands. Jessica manicure & hand cleanse, handsilk, exfoliant, hand mask and firming serum, finishing with a rich hand cream and placed in thermal mittens.

£25

Jessica Treatment Manicure with Thermal Mittens

A unique treatment to seal in moisture, soften cuticles and prevent hangnails. Used after a luxurious massage it keeps the blood flowing to the Matrix promoting nail growth.

£19

Jessica Treatment Manicure with Paraffin Wax.

Intense moisturising treatment for dry, cracked hands, softens cuticles and helps in arthritis / rheumatic conditions. Especially beneficial in the cold weather, leaving a fresh healthy appearance.

£4

Solar Manicure

A fantastic manicure that includes an exfoliating treatment, an intensive butter conditioning oil and nourishing balm. All using a blend of Jojoba Oil, Sweet Almond Oil and Vitamin E. Also includes all nail & cuticle work and polish of your choice.

£20

Re-Varnish

£8

Shape & Polish

£8

Shape & French Polish

£9

Creative Nail Design

Would you like your hands and nails enhancing? Beautiful, natural looking nail enhancements.

Consultations – Free of charge

Nail Enhancements	£30
Rebalance & Maintenance	£20
Nail Repair with Rebalance	£3.50
Nail Repair Individually	£5
Brisa Gel (Revolutionary new gel. Nail enhancements that are strong, thin, light and natural looking)	£---
Gel Manicure	£20
Safe product removal, which includes Manicure & Paraffin Wax	£20
Air Brushing & Special effects	prices on request from £7 per set

Feet

Spa Pedicure

Tight shoes, hard pavements, stairs, jogging, walking, high heels, pointed toes, standing in line, power shopping.....

What have your feet gone through recently? Luckily it's now possible to give your feet a "facial". Spa pedicure is a revolutionary spa experience consisting of six products created especially for the feet from botanicals and natural sea extracts. The skin on the feet is far more distressed than any other skin on the body due to the harsh handling that they continually endure. The feet are a microcosm of the whole body and when they are tired or achy it affects our mood as well. So, treat the most maltreated abused and neglected skin on the body to a spa pedicure.

£25

Spa Pedicure and Wax

£29

Jessica Pedicure with Thermal Booties

£24

Jessica Pedicure with Paraffin Wax

A pedicure with refreshing tea tree paraffin wax. Softens calluses while feet are soothed, improving circulation and enhancing skin tone.

£24

Jessica Pedicure

Luxurious treatment for beautiful healthy feet and legs, including foot spa. Nails clipped and filed, hard and rough skin removed, cuticle work and conditioning leg and foot massage and re-varnish of your choice.

£20

Jessica French Pedicure	£21
Brisa Gel Pedicure	£25
Mini Pedicure (feet soaked, nail clip and cuticle tidy and re-varnish)	£13
Mini Pedicure with French Polish	£14
<i>(clients are reminded to bring open toe shoes)</i>	

Reflexology

Reduces stress, includes deep relaxation, improves circulation, cleans toxins & revitalises energy.

£20

Reflexology with Hot Stones

£25

Depilatory Waxing

P.H.D. Waxing Systems

A revolutionary new system designed with you in mind. Clean, hygienic and effective. A superb result is achieved every time with the use of the unique, completely disposable applicator. A new applicator for each client.

Full Leg Wax	£15
Three Quarter Leg Wax	£13
Half Leg Wax	£11
Forearm Wax	£10
Bikini Wax	£6
Underarm Wax	£6
Lip or Chin Wax	£6
Lip and Chin Wax	£10
Eyebrow Wax & Tidy	£6
Full Leg & Bikini	£---

Body Treatments – Massage

Algologie Stone Therapy

Let your body unwind and your mind relax with this ultimate body treatment. You will receive a full body exfoliation, a full body massage using warm basalt stones making sure all your stress and tension is melted away, then warm mud is applied to the back and warm stones placed carefully on top. Finally, a finishing cream is applied to the body with gentle massage movements. The result ! – The mind and body are re-balanced and the skin left glowing with health. This treatment is a complete head to toe experience, which will never be forgotten.

£50

Full Body Massage

Helps increase blood and lymphatic flows, promotes a sense of well being and relaxation, can improve muscle tone and skin texture using aromatherapy pure essential oils.

£30

LE – Stone Therapy Back Massage

Includes aromatherapy back massage

£20

Aromatherapy back, Neck and Shoulders Massage

A luxurious massage designed to relieve stress and promote a sense of well being using pure essential oils. Concentrating on the tight and stressful muscles of the back and shoulders.

£17

Back Massage and Paraffin Wax

A back massage with a relaxing heat treatment for aching backs, joints and tight muscles.

£20

Indian Head Massage

Works on the physical and mental level, also on the upper body, back, shoulders and head. The areas most vulnerable to stress and tension. A de-stressing programme for the whole body.

£20

Leg Massage

A relaxing foot, ankle and thigh massage.

£15

L.E. Stone Therapy Leg Massage

A relaxing foot, ankle and thigh massage using the warm stones to work deep into the muscles.

£20

Essential Oil Ear Candies

Benefits include pressure regulation in cases of sinuses, cold / flu, headaches, migraine. Clearing excessive wax and irritation in ears and sinus.

£20

Mother – To – Be

The ultimate in comfort and relaxation. Helps relieve tension in the upper and lower back.

£25

Mother and Baby Experience

A nurturing massage for the mother to be, working on the legs and feet, back and face. A truly wonderful experience.

£40

Slimming and Figure Enhancing Treatment

Exfoliating Body Polish

Your skin is deeply cleansed, polished and softened to perfection, finishing with warm oil dripped luxuriously over your body and massaged.

£20

Back Cleanse

An area we don't often see or think about and is often overlooked. Your back will be cleansed, toned, scrubbed, massaged and mask applied, leaving you feel great and your back looking radiant.

£20

Su-Do Tropical Airbrush Tan

The Su-Do tropical airbrush tan offers the most perfect flawless tan imaginable.

Please note:

- 1. Clients should exfoliate thoroughly either the day before or on the day of tanning.*
- 2. Please avoid perfume and deodorant on tanning day.*
- 3. Please bring loose fitting clothes to wear on leaving the salon.*
- 4. It is not advisable to wear designer or light coloured garments until a shower has been taken 5 hours after the tanning application.*

Full Body

£20

Half Body

£12

Top Up Full Body

£15

Top Up Half Body

£10

Anesi Parafango Wrap

A natural parafango wrap with guaranteed inch loss. Reshape the silhouette and condition the skin.

Per treatment

£30

Course of 5

£120

G5 Mechanical Massage

To break down fatty tissue, tone and firm the body and relieve tension. Improves cellulite and is useful when used in conjunction with a slimming programme.

Per treatment

£15

Course of 5

£60

Revitalising Detox

Put a spring into your step with this detoxifying package. Includes, Anesi Parafango Wrap & Exfoliating Body Polish. Followed with a full body massage to finish off.

£70

Luxury Fizzing Coco Wrap

This treatment is the ultimate in pure indulgence. Your body will be exfoliated from head to toe, leaving you with silky soft skin. Relaxation oil will be applied all over the body in gentle massage movements and finished with a back and neck massage to relieve any stress or tension. The warm Coco is applied all over the body and finally a finishing cream. A treatment not to be missed.

£40

Aromatherapy Salt Glow

A body polish with the purifying benefits of volcanic earth and stimulating and mineralising properties of the seaweed to provide the ultimate in skin and body revitalisation. Your body will be exfoliated and then massaged with warm oil and then finished with a hydrating body cream. Ideal for a pre-holiday treatment, for that ultimate deep tan.

£25

Mens Treatments

P.H.D. Professional Waxing

Back Wax	£15
Chest Wax	£15
Leg Wax	£20
Arm Waxing	£15
Eyebrow Grooming	£7

Various Mens Manicures & Pedicures to suit *starting from* **£13**

Body Polish	£20
Back Cleanse	£20
<i>Indian Head Massage</i>	£20
Hot Stones Back Massage	£20
Hot Stones Full Body Massage	£35
Hot Stones Leg Massage	£20
Sports Back Massage	£17
Sports Full Body Massage	£30
Sports Leg Massage	£15

Mens De-Stress Treatment

Hotstones full body massage and Indian head massage

£45

Su-Do Tan

£20

Mens Skin

Mens skin may seem less fragile than that of a woman because it is firmer, thicker and more elastic, nevertheless, the daily rigors of shaving increase the skins sensitivity and dehydration. So, just like women, men need to pay attention to their skin to maintain its optimum freshness and tone.

Various Mens facials to Suit

starting from £15

All over treatments can be tailored to suit

Beauty of the Eyes

Eye Treatments

Eyelash Tint	£7.50
Eyebrow Tint	£6.50
Eyelash and Eyebrow tint	£12.50
Eyebrow Shape	£6.50
Eyebrow Tidy	£5.50
Eyebrow Wax and Tidy	£6

All clients are advised that a sensitivity test is recommended to be carried out at least 24hrs prior to tinting.

Eye Facial

New, luxurious treatment for a dazzling look. Protects the delicate skin around the eye contour and beautifies eyelashes. This professional treatment includes cosmetics for 7 days or daily application. Excellent for all eye strain e.g. Computer work, driving, dry tired eyes.

£20

Make – Up Treatments

Ideal to book before a special occasion. A mini facial is followed by a professionally applied make-up.

Make Up Lesson

Let the professional show you how to apply make-up successfully. Advice is given on colour, style and application.

£20

Bridal Make Up

Including a consultation and trial make-up prior to the wedding day.

£30

Facial Treatments

Apologie has discovered the secret of lasting beauty from the sea and has created a comprehensive range of natural products containing active marine and plants extracts for astonishing results.

Radiant Lift Treatment Facial

The lift action in this treatment combats anti aging with Marine Collagen and marine DNA. The skin is treated with all the benefits of minerals and elements from the sea and infused with collagen. The skin is immediately revitalised, smoothed and tightened after just one treatment.

£35

Detoxifying Facial

The aim of this treatment is to increase circulation and flush out impurities, decongest clogged pores. Ideal for skin that has been exposed to poor environment or is experiencing recent breakouts. The facial has the benefits of both fresh seaweed and aromatherapy oils helping to balance, leaving a look of brighter and improved texture.

£30

Hydrating Facial

Optimal performance and long lasting hydration is achieved in this facial. The skin is infused with vitamins and minerals. The texture of the skin is visibly improved leaving soft, supple and luminous while reducing the signs of premature ageing.

£30

Pineapple and Papaya Enzyme Peel Facial

This treatment dissolves dead skin cells and impurities on the skin. The peeling treatment is ideal for dull, lifeless skin that needs brightening. Lightening pigmentation and clarifying the skin for an even skin tone. This treatment will also help to reduce fine lines. After this treatment, a visible change in the skin tone can be seen and lines softened.

£35

Vital Eye & Lip Treatment

This eye and lip treatment offers these areas the special care they require. It helps to soothe and heal the fragile tissues, oxygenate and nourish them with necessary vitamins; minerals and seaweed plant extract to provide long lasting moisture and protection. The contours are smoothed and softened with greater elasticity and fewer signs of premature ageing.

£18

Or £10 when added to a facial

Vital Neck Firming Treatment

This essential neck firming treatment replenishes clevitalised skin on the neck and de'colle'te, restoring elasticity and firmness. The high concentrate of marine collagen helps with the premature aging to the skin. This treatment is recommended with any facial and may be used on anyone who wants to capture youthfulness.

£5 when added to your favourite facial

Aromatherapy Deluxe

A wonderfully relaxing back, neck and shoulders massage, followed by a cleanse, tone, exfoliation, face & neck massage and mask. Ending with a foot and hand massage.

£40

Facials with Thermal Booties

An intensive facial suitable for skin types, includes tone, exfoliate, face and neck massage and mask. Ending with a foot massage and thermal booties.

£37

Luxury Collagen and Paraffin Facial

A spectacular facial with results noticeable after only one treatment. Great for wrinkle reduction and general tightening. Includes facial, then lotion massaged in, eye and lip cream, followed by a paraffin wax mask applied to help all products to penetrate deep in.

£35

Thermal Clay Mask Facial

A truly luxurious experience with impressive results. Skin feels and looks refreshed, smoother and younger. Fine lines disappear and deeper lines soften. Improves circulation and puffiness around the eyes. Improves skin tone and elasticity.

£35

Modelling Mask Facial

The modelling mask facial hydrates the epidermis, stimulates and energises the skin by spurring natural exchanges. Thanks to the presence of seaweed, it reinforces the penetration of active ingredients.

£30

Paraffin Wax Facial

An ideal treatment for dry skin. Due to its deep moisturising effect, smooths wrinkles and brightens the skin. Includes French Facial.

£25

Aromatherapy Facial

£23

French Facial

A nourishing and hydrating facial leaving the skin visibly refreshed and moisturised. Includes cleanse, tone, exfoliation, face neck and shoulder massage.

£20

Revitalising Mini Facial

Brightens the complexion in an instant. Includes cleanse, tone, exfoliation and mask.

£15

Beauty Treatments for Little Girls

(up to age 12)

Mini Pedicure With Sparkles – *to beautify the tootsies*

£10

Mini Manicure With Sparkles – *to beautify the pinkies*

£10

Beauty Treatments for Teenagers

(13 - 16 years)

Balancing Facials (*Blitz those Spots*)

£15

Party Toes (Pedicure with Nail Art)

£15

Half Leg Wax

£10

Underarm Wax

£5

Eyebrows	£5
Su-Do Tan	£15
Flash Those Pinkies (Manicure with Nail Art)	£13

Su-Do Temporary Body Art & Tattoos

Body art is a great way of adding finishing touches for your night out. With Su-Do you have the perfect temporary system that lasts up to 5 days.

From £5

Specials

Bridal Package

Two revitalising mini facials to prepare and condition the skin prior to the wedding day. A consultation and trial make-up, manicure and make up on day.

£70

Heaven

Hot stones back massage. Luxury collagen and paraffin wax facial and foot massage using hot-stones.

£60

Ultimate

Exfoliating body polish and hot stones full body massage.

£55

Holiday Special

Half leg, bikini and underarm wax. Nails filed and polished on both hands and feet. French facial, eyelash tint and eyebrow reshape.

£65

Pregnancy Package

Lady in waiting? Pamper yourself with: Facial, Eyelash tint, Eyebrow shape, Manicure and Pedicure.

£53

Stress Buster

Full body massage, facial and pedicure.

£63

Tranquillity

Facial, back massage and pedicure.

£53

Top - 2 – Toe

Facial, manicure and pedicure.

£48

Monthly Must Have Package (1)

$\frac{3}{4}$ leg, bikini and underarm wax. Eyebrow shape or wax and eyelash tint.

£38

Monthly Must Have Package (2)

Pedicure. $\frac{3}{4}$ leg, underarm and eyebrow wax. Eyebrow shape.

£40